

# My Chiropractic Success Story...

*Symptoms Before Treatment:*

*Medications I was on:*

• Low back pain \_\_\_\_\_

• Trouble walking and lifting \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

• Naproxen as needed \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Improvements in My Life:*

*Why I would recommend Select-Care Chiropractic, P.C.:*

• Better alignment and stronger core \_\_\_\_\_

• I do the exercises that she recommended everyday \_\_\_\_\_

• I am walking fine and I feel healthier \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

• They inspired me to work on total wellness with \_\_\_\_\_  
exercises, the adjustments I had, and supplements that \_\_\_\_\_  
they suggested \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I give Select-Care Chiropractic, P.C. rights to share my Chiropractic Success Story with others.  
Only first names will be used.

Maryann M. \_\_\_\_\_

Printed Name

23 August 2012 \_\_\_\_\_

Date

